EASTWOOD BIO-MEDICAL CANADA INC.

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TSX-V: EBM

NEWS RELEASE

Eastwood Bio-Medical Canada Inc. Announces Over One Hundred Eleotin Discussion Groups

December 19, 2018 – Richmond, British Columbia – Eastwood Bio-Medical Canada Inc. (TSX-V: EBM) (the "Company") is pleased to announce that over one hundred discussion groups have been established in Asia to discuss Eleotin products. Independent of the Company, these self-study groups meet regularly, about once a week, to study Eleotin products, share personal experiences, and study further the mechanics and effects of Eleotin.

Yunji Kim, President and CEO, commented, "At the beginning of this year, there were only two such groups meeting regularly. Now, the number of groups exceeds one hundred. The groups prefer to keep themselves at an intimate size, about five to fifteen people each. But some groups have ballooned to host up to fifty people regularly on a weekly basis. As more people experience Eleotin, they have become eager to share their stories and learn how they can further work with Eleotin to improve their lives. It is not uncommon for over one hundred people to attend a meeting at times. While these groups operate independently of our company, it is heartwarming to see how Eleotin can touch so many lives."

About Eastwood Bio-Medical Canada, Inc.:

The Company is a Vancouver based company whose Eleotin brand of products provide natural sourced solutions for metabolic syndromes such as blood glucose control, obesity, and hypertension.

Eleotin was initially developed by the scientists at the Julia McFarlane Diabetes Research Center (JMDRC) at the University of Calgary in Alberta, Canada. The JMDRC is a leader in research on Type I and Type II diabetes. After the initial development by the JMDRC, research and development were continued by Eastwood Bio-Medical Research Inc., the Company, and other institutions around the world, including Tsinghua University of the People's Republic of China. Eleotin products have been endorsed by thousands of doctors and medical associations around the globe, and authorized by Advertising Standards Canada (ASC) to be marketed as the 'World's #1 Doctor Recommended Natural Source Healthy Blood Glucose Promoting Product available in Canada.'

More information on Eastwood Bio-Medical Canada Inc., can be found on the website www.eleotin.ca.

For further information, please contact:

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CAUTIONARY NOTE REGARDING FORWARD-LOOKING STATEMENTS: This news release contains certain "forward-looking statements" within the meaning of such statements under applicable securities law. Forward-looking statements are frequently characterized by words such as "plan", "continue", "expect", "project", "intend", "believe", "anticipate", "estimate", "may", "will", "potential", "proposed" and other similar words, or statements that certain events or conditions "may" or "will" occur. These statements are only predictions. Various assumptions were used in drawing the conclusions or making the projections contained in the forward looking statements throughout this news release. Forward-looking statements are based on the opinions and estimates of management at the date the statements are made, and are subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those projected in the forward-looking statements. There is no assurance that the new products will produce the revenue increase the Company expects. The Company is under no obligation, and expressly disclaims any intention or obligation, to update or revise any forwardlooking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable law.

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